

2016 Quarter 3

Wood County's

Featured Wellness Champ!



Department:
Health Department

**Years employed at Wood
County:** 9 Years

**Years served on Wellness
Committee:** 3 Years

Get to know Amber!...

1) What is the strangest talent you have?	When I breath in deep through my nose I can make my nostrils seal shut.
2) Choose a superpower you wish you had.	Ability to read peoples minds.
3) What is one thing still left on your bucket list?	Adopt a child from another country.
4) What was your favorite TV show when growing up?	Saved by the Bell!!!
5) What kind of impact do you have on people?	I'm always encouraging people to pursue their goals/dreams. Life's too short to sit back and wait.
6) Use one word to describe yourself as a child.	Curious
7) If you were to tell one person "Thank You" for helping become the person you are today, who would it be and what did they do?	My parents and my grandparents. They always supported me and allowed me the opportunity to grow. My grandpa taught me that if you put your mind and heart and some dedication into something you will succeed - probably why when I have my mind set on something I don't stop until I get it :)
8) If you were to start a company from scratch, what values would you build on?	Integrity, Empowerment, and Innovation.
9) How do you recharge?	Church (praying) and Running

