

Wood County Employee Wellness Board Meeting Minutes

Tuesday, June 18, 2019

Wood County Courthouse, IT Conference Room

400 Market Street, Suite 205, Wisconsin Rapids

Board members present: Amy Kaup, Donna Rozar, Dawn Schmutzer, Sue Kunferman, Jordon Bruce (by video-conference)

Excused: Kim McGrath

Also present: (for part or all of the meeting) Adam Fandre (Wellness Coordinator), Amanda Handrahan (Aspirus), Shawn Becker, Adam Fischer, Dennis Polach, Angela Zausch (Horton Group), Kelli Quinnell (Human Resources)

1. Chair Kunferman called the meeting to order at 1:00 p.m.
2. **Introductions:** around the room
3. **Public comments:** None
4. Motion (Schmutzer/Kaup) to receive and place on file the minutes from the May 7, 2019 meeting. All ayes. Motion carried.
5. **Update on biometrics, HRA, and health coaching**
Will discuss this item at the next meeting
6. **Review Draft Appeal Process**
Draft distributed with discussion ensuing. Questions answered from members of the public attending. Motion (Bruce/Kaup) to adopt the draft version of the appeal process with the attached form and send to the Executive Committee for approval. Date of implementation of this process will be left to the Executive Committee. All ayes. Motion passed.
7. **Discuss development of employee survey regarding health insurance plans/premiums**
Concern expressed about small plan design changes and “nickeling and diming” plan changes vs. simply accepting a premium increase. Discussion held on pros and cons of sending a survey to employees to seek feedback on preferences of above options. Decision to send out survey on June 24th made by consensus. Results will be compiled and presented to the Executive Committee at their July 9th meeting. Discussion of possible video to explain insurance premiums took place.

8. Update from the Horton Group

Angela reported the EOC has pushed back the deadline for ruling on the AARP lawsuit until December. She recommends that we make no changes in our Wellness Program until the ruling is made.

She further announced the upcoming Wellness Council of American conference September 12th in the Dells.

9. Update from Wellness Committee

Adam reported there have been 444 coaching sessions. Wellness Champs are helping with the logistics of meeting deadlines and the Committee continues to be updated on the appeal process.

10. General Employee Wellness updates

Aspirus is changing its marketing strategies and is requesting testimonials on how they are working with Wellness initiatives. The Board decided they could assist in providing one from Wood County. Adam will coordinate process.

11. Future Agenda Items—as previously discussed.

12. Set Next Meeting date—September 5, 2019, 10 a.m., IT Conference Room, Courthouse

13. The Chair declared the meeting adjourned at 2:32 p.m.

Submitted and electronically signed,

Donna M. Rozar

Donna Rozar, secretary

Minutes in draft form until approved at the next Wood County Wellness Board meeting