Wood County Employee Wellness Board Meeting Minutes

Tuesday, May 30, 2017 Wood County River Block Building, EOC Room

Board members present: Amy Kaup, Donna Rozar, Dawn Schmutzer, Warren Kraft (HR Director—ex-officio), Jordan Bruce, Sue Kunferman (arrived at 12:50 p.m.) **Also present:** Amanda Handrahan (Aspirus Business Health), Adam Fandre (Wellness Coordinator), Lisa Keller (IT), Jodi Pingel (HR Benefits)

- 1. Amy Kaup called the meeting to order at 12:35 p.m.
- 2. No need for introductions.
- 3. Public comments: none
- 4. Motion (Bruce/Schmutzer) to receive and place on file the minutes from the May 11, 2017 meeting as presented. All ayes. Motion carried.
- 5. The details of moving the Wellness Program to a calendar year were discussed. The details will depend on tying the incentive to participation and how that will affect moving the Program to a calendar year. The timing of the offering of the BioMetrics and HRA for existing participants and new hires was discussed. HR needs to have the data by November 21st, 2017 of who has participated in the above activities if participation is to affect health insurance premiums, if approved by the Executive Committee. The recommended plan will be presented to the Executive Committee at their June 6th meeting.

Kunferman assumed the Chair of the meeting.

6. Adam asked for feedback regarding moving from a "quarters" system to a tiered-system for the Wellness Program points/payouts. The pros and cons of this change were discussed. The Board reviewed the Marathon County's incentive program for comparison. Amanda and Adam were asked to bring back more information of going to payout twice a year rather than 4 times a year with increased emphasis on insurance premium incentive if approved and implemented. The point structure needs to be evaluated as well. Suggestions regarding that structure will also be brought back for discussion.

Without objection, the agenda was rearranged slightly to accommodate more extensive discussion on agenda item #7.

- 8. Adam distributed the minutes from the last 3 Wellness Committee meetings and gave general updates from agenda items as discussed in the minutes (minutes on file).
- 9. There was nothing to report regarding general employee wellness updates.
- 7. Extensive discussion took place on the recommendation to the Executive Committee (EC) regarding health insurance premium incentive options. Cash incentives were a part of the discussion. Motion (Kaup/Bruce) to recommend to the Executive Committee that the standard employee contribution to the health insurance premium will be 20% for full-time employees. The incentivized health insurance premium contribution will be 10% after participation in the Health Risk Assessment (HRA), BioMetrics, <u>and</u> coaching sessions. All ayes. Motion carried.

Motion (Kaup/Bruce) that the health insurance premium adjustment for a part-time employee, after participation in the same 3 activities listed above, will be a 10% reduction of base premium in compliance with applicable laws. All ayes. Motion carried.

Various scenarios will be presented to the EC and all questions answered regarding participation numbers.

- 10. Future meeting agenda items were noted.
- 11. Next meeting: June 6th following the Executive Committee meeting.

Kunferman declared the meeting adjourned at 2:25 p.m. Place posted on distributed agenda.

Respectfully submitted,

Donna M. Rozar

Donna Rozar, secretary (electronically signed)

Minutes in draft form until approved at the next Wood County Wellness Board meeting