Wood County Employee Wellness Board Meeting Minutes Thursday, May 11, 2017 Wood County Health Department, EOC Room

Board members present: Amy Kaup, Donna Rozar, Dawn Schmutzer, Warren Kraft (HR Director—ex-officio), Jordan Bruce Excused: Sue Kunferman Also present: Amanda Handrahan (Aspirus Business Health), Adam Fandre (Wellness Coordinator), Lisa Keller (IT)

Amy Kaup called the meeting to order at 12:35 p.m. No need for introductions because everyone knew each other. Public comments: none

Motion (Rozar/Schmutzer) to receive and place on file the minutes from the March 9, 2017 meeting as presented. All ayes. Motion carried.

Because the individuals from the Horton Group were unable to attend this meeting, their update will be rescheduled for the June meeting.

Amanda and Adam presented the results from the health assessment report. They explained that a new tool is being utilized, establishing a new baseline which makes it difficult to compare with previous years. Data from this report will be presented to the Executive Committee at their next meeting.

Discussion was had regarding changing the "Wellness Year" to a calendar year. Motion (Rozar/Bruce) to change the "Wellness Year" to a calendar year instead of October-September. All ayes. Further discussion on the details took place. Suffice it to say that there was consensus that those details would be worked out with any difficulties being brought back to this Board.

A lengthy discussion took place regarding cash and insurance premium incentive options for Wellness Program participation. The decision was made to have a special meeting May 30th with this as the only agenda item to work out the details of a possibly recommendation regarding incentives to the Executive Committee.

Jordon reported that influenza vaccine has been ordered. The details of the administration of that vaccine are being worked on with Adam's input for River Block, Norwood Health Center,

and Edgewater Haven (EH). The vaccine is mandatory for both Norwood and EH employees. It is strongly recommended for other areas. Warren will research whether the vaccine can be mandatory for all Wood County employees.

Discussion took place on how to enhance consumerism of medical care. Educational efforts on how much medical care costs need to be offered, helping individuals to make better decisions as consumers of that care. Perhaps a "lunch n' learn" could be dedicated to this topic.

Jordon Bruce left at 3 pm.

Adam reported that the literature is stating that health fairs have a low impact on the Wellness Program. After discussion, consensus was to not have health fairs this fall and to come up with creative ways of getting information out to employees.

Wellness Committee meeting minutes of 3/21/2017 were distributed (minutes on file). Adam also gave updates on Wellness activities. The department survey monkey results were reviewed and discussed. Discussion took place on the barriers identified by this survey as to why employees are not participating in the Wellness Program. Suggestions were also requested on how to incentivize the walking River Block employees will be doing once the move is complete at that facility. Incentives will need to be fair for all employees, not just those who work at River Block. Further discussion will take place.

Next meeting: May 20th at 1 p.m. at the EOC Room, River Block

Motion (Rozar/ Schmutzer) to adjourn the meeting at 3:19 p.m.

Respectfully submitted,

Donna M. Rozar

Donna Rozar, secretary (electronically signed) Minutes in draft form until approved at the next Wood County Wellness Board meeting