DECEMBER lunch & learn:

A Civil Discourse about Substance Use, Addiction, Prevention and Treatment

Bring your lunch and join us to :

- Participate in a collaborative forum to explore substance use, addiction, prevention and treatment
- Discover how learning and underlying factors affect substance use, addiction, prevention and treatment processes

This immersive and mindful experience will be somewhat organic in nature and will encourage participants to be present with themselves and others in an effort to cultivate a more **CARING** (**C**ompassionate, **A**ffirming, **R**esponsive, **I**ntegrated, **N**urturing and **G**entle) presence.

presenter: Connor A. Tiggerus, LPC, SAC-IT, Therapy Without Walls, LLC

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date: Wednesday, December 14

time: 12:00-12:45pm

location: Wood County Courthouse, Room 114

RSVP: Appreciated for room set-up: Wendy Young at 715-421-8437 or wyoung@co.wood.wi.us

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Good Times Are Carved In
Wood County
WISCONSIN

Presenting Partners:

- Employee Wellness
- UW-Extension
- Healthy People Wood County
- Health Department
- Wisconsin Rapids Community Media

This event is open to the community!

It is part of the Wood County Employee Wellness Program. Employees can earn 100 wellness points for Quarter 1.