JANUARY lunch & learn:

Love & Language—and Other Tools to Keep Relationships Healthy

Bring your lunch and join us!

This workshop will focus on building awareness of how you and loved ones feel the most love and how to be intentional to love on others. Additional relationship and communication tools will also be discussed.

presenter: Lisa Kegler, MS, LPC; Therapist at Children's Hospital of Wisconsin in Marshfield

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date: Wednesday, January 11

time: 12:00-12:45pm

location: Wood County Courthouse, Room 114

RSVP: Appreciated for room set-up: Wendy Young at 715-421-8437 or wyoung@co.wood.wi.us

Presenting Partners:

- Employee Wellness
- UW-Extension
- Healthy People Wood County
- Health Department
- Wisconsin Rapids Community Media

This event is open to the community!

It is part of the Wood County Employee Wellness Program. Employees can earn 100 wellness points for Quarter 2

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